

The Moon

The Mid-Autumn Moon Festival has its roots in the ancient traditions of moon worship. Today, the full moon continues to have a special significance and forms a central part of this happy festival.



Ancient peoples from Emperors to common folk made sacrifices and offerings to the moon gods. Although most people no longer perform these ceremonies, the idea of admiring and appreciating the moon continues to this day. People find a place outdoors with family and friends to view the full moon, a symbol of harmony, abundance and luck.

The round shape of the moon symbolizes family reunion and many people try to return to their family home at this time. If they can't, viewing the moon symbolizes yearnings for absent family and friends. This sense of quiet contemplation and longing has found its voice in poems written over the centuries. Poets throughout the ages have dedicated countless poems to the moon.

The moon deities are linked to the idea of romance and marriage. Traditionally, single people would pray and make offerings to have their romantic wishes granted. It is also a time when married couples would pray for good luck or fertility.

